



PEER SUPPORT NETWORK

The State Hospital recognises the importance of Peer Support. Challenges at work can be navigated more easily if we know there is someone to turn to.

We believe a supportive environment is one where colleagues check in on one another, play a huge part in reducing the impact of stress, and create a caring culture that builds resilience and enhances wellbeing.

What is Peer Support?

- First level support from people who perform similar roles to us in similar conditions.
- Those who have a basic understanding of the challenges we meet regularly.
- Based on the framework of psychological first aid.
- About trusting colleagues.
- Looking out for each other.
- A safe, confidential space for support.
- About listening
- About signposting and escalation to further support if required.

Peer Support is not

- Counselling.
- Mentoring.
- Psychological de-briefing.
- Disciplinary route or path back to manager.

Peer supporters are recognisable by their orange lanyard.

How to Access Support

You can speak with a Peer Supporter who is available onsite either in person or by telephone.

For general enquiries and further information contact:

- [Redacted], [Redacted] x [Redacted].
- [Redacted] Senior Nurse, Nursing Practice Development – [Redacted] x [Redacted].
- [Redacted], Senior Nurse, Nursing Practice Development – [Redacted] [Redacted]
- [Redacted] Practice Education Facilitator, Nursing Practice Development – [Redacted]
[Redacted]

staff
respect
honesty
care
behaviours
teamwork
dignity
responsibility
openness
quality

Peer Supporters

- [REDACTED], [REDACTED], Harris – [REDACTED]
- [REDACTED] Staff Nurse, Arran 2 – [REDACTED]
- [REDACTED] [REDACTED] – [REDACTED]
- [REDACTED] Procurement Officer, Procurement – [REDACTED]
- [REDACTED], Electrician, Estates – [REDACTED]
- [REDACTED], Security Team Leader, [REDACTED] – [REDACTED]
- [REDACTED], Senior Infrastructure Analyst, Harris – [REDACTED]
- [REDACTED], Staff Nurse, Iona 3 – [REDACTED]
- [REDACTED], Security Operative, Security Reception [REDACTED]
- [REDACTED], Charge Nurse, [REDACTED] – [REDACTED]
- [REDACTED], Health Records Assistant, Harris – [REDACTED]
- [REDACTED], Clinical Quality Officer, Skye Centre – [REDACTED]
- [REDACTED], Senior Nurse, [REDACTED] – [REDACTED]
- [REDACTED], Senior Nurse [REDACTED] [REDACTED]
- [REDACTED], [REDACTED] Harris – [REDACTED]
- [REDACTED], Nursing Assistant, Arran 2 – [REDACTED]
- [REDACTED], [REDACTED], Skye Centre – [REDACTED]
- [REDACTED], Social Worker/MHO, [REDACTED] – [REDACTED]
- [REDACTED], Senior Nurse, [REDACTED] – [REDACTED]
- [REDACTED], HR Assistant, Harris – [REDACTED]
- [REDACTED], Staff Nurse, Lewis 3 – [REDACTED]
- [REDACTED], Nursing Assistant, Mull 1 – [REDACTED]
- [REDACTED], Nursing Assistant, SSR – [REDACTED]
- [REDACTED], [REDACTED] – [REDACTED]
- [REDACTED] Nursing Assistant, Lewis 2 – [REDACTED]
- [REDACTED], Nursing Assistant, Iona 3 – [REDACTED]
- [REDACTED] [REDACTED] [REDACTED]
- [REDACTED], Rehab Instructor, Skye Centre – [REDACTED]
- [REDACTED], AHP Technical Instructor, Iona – [REDACTED]
- [REDACTED], Security Team Leader, Security Reception – [REDACTED]
- [REDACTED], Staff Nurse, SSR – [REDACTED]
- [REDACTED], Hub Receptionist, [REDACTED]
- [REDACTED] Practice Education Facilitator, [REDACTED]
- [REDACTED] [REDACTED] [REDACTED]
- [REDACTED], Pharmacist, [REDACTED]
- [REDACTED] Security Liaison Manager, [REDACTED]